

2ND ANNUAL GOLF CLASSIC TICKETS ON SALE NOW! 2ND ANNUAL IN MEMORY OF SAVE THE DATE Co-Chairs: George Temel, Debi Weisman, & Shawn Rosenthal Monday | April 18, 2022 PARKLAND

Tickets are <u>available now</u> for the 2nd Annual Broward Health Parkland Cares Golf Classic Tournament in Memory of Barton D. Weisman on **Monday, April 18, 2022**.

PARKLAND ares

www.ParklandCares.org

Benefiting

Visit <u>www.ParklandCares.org</u>, click on the **NEWS & EVENTS** tab and then **2022 GOLF TOURNAMENT** to view registration details and purchase golf tickets and sponsorship packages!

Questions? Please reach out to Parkland Cares Executive Director Stacey Udine at sudine@parklandcares.org.

PARKLAND CARES STANDS WITH OXFORD, MICHIGAN Parkland Cares extends heartfelt condolences to the Oxford High School community and to all who've been affected by this horrific tragedy. Parkland Cares extends heartfelt condolences to the families, friends, and loved ones of the victims and all those affected by the mass shooting at Oxford High School. We stand with the Oxford community during this time of tragedy. **IGNITE YOUR LIGHT & SUPPORT PARKLAND CARES!** Ignite your imagination this holiday season with the *Ignite Your

Light* interactive playground experience at CB Smith Park!

Now through January 2, use promo code PARKLAND10 to get 10% off your ticket price. Register here: https://bit.ly/3sjPM2f





LOOKING FOR AN EXTRA SWEET HOLIDAY GIFT FOR A GOOD CAUSE?

From now through December 31, a generous portion of the proceeds from all Celeb Status Kids by Stacie and 3GGlamGifts Holiday 2021 Collection orders will be donated to Parkland Cares.

With so many delicious selections, contact Stacie from now through the 31st at <u>celebstatuskids@gmail.com</u> to create your perfect holiday treat!



THANK YOU TO ALL WHO ATTENDED THE HEART N' SOLE 5K & 5-MILE RUN!





Thank you to Kelle Burke and the entire Heart N Sole team, the sponsors, volunteers, and the City of Parkland for supporting this year's Heart N' Sole 5K and Five Mile Run!

Your support means the world & helps more South Florida residents affected by trauma get the mental health support they need to heal. Check out the 2021 race results!

LET'S CONNECT ON SOCIAL!

You can find Parkland Cares on Facebook, Twitter, and Instagram and stay up to date with all Parkland Cares activities, events, and important news about mental health and how to help those affected by trauma in South Florida.



IN CASE YOU MISSED IT...

1,000 Compete in 7th Annual Soldier Rush - By Sharon Aron Baron, Parkland Talk, Nov. 8, 2021 - 1,000 people competed in the recent 7th Annual Soldier Rush, with the proceeds going to nonprofits like Parkland Cares and other very important non-profit organizations.



<u>Surgeon General Warns of Youth Mental Health Crisis</u> - By Matt Richtel, New York Times, Dec. 7, 2021 - "Dr. Vivek H. Murthy, in a 53-page report, cited significant increases in self-reports of depression and anxiety along with more emergency room visits for mental health issues."

<u>The Trickle-Down Trauma of School Shootings</u> - By Amy Joyce, Washington Post, Dec. 3, 2021 - School shootings have created an incredible amount of trickle-down trauma among our kids and their caretakers. Our kids have been playing "shooter drill" since they were babies, and the result is just more trauma."

'TIS THE SEASON FOR AMAZON SMILE

This holiday season, give the gift of hope and healing.



How to Donate with Amazon Smile:

- 1. Visit **smile.amazon.com**.
- 2. Choose Parkland Cares, Inc. as your charity.
- 3. Start shopping!
- Amazon donates 0.5% of the price of your eligible
- AmazonSmile purchase to your chosen charity.

AN END OF YEAR APPEAL TO OUR SUPPORTERS Dear Supporter: "Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has." -Margaret Mead counseling. counseling and therapy for MSD community members to begin their healing journeys. This would not have been possible without your support.

It's those very words that were at the heart of how Parkland Cares began: A small group of individuals came together immediately following the February 14, 2018 tragedy in Parkland, Florida, to do boots-onthe-ground fundraising and help MSD students, teachers, and the community at large access mental health

Since then, we've awarded \$800,000 in grant funding to local non-profits to provide mental health

But sadly, despite the need for mental health services among South Florida children, teens, and adults reaching crisis levels, support often remains out of reach. That's why Parkland Cares decided to expand its mission to help others in critical need of trauma care.

This holiday season, join us in giving the gift of hope and healing. With \$800,000 in grant funding so far, can you help us reach \$1 million?

It's never been easier to contribute: Just send a check in the enclosed envelope, donate online at www.ParklandCares.org, or text "MSD" to 71760.

We thank you from the bottom of our hearts for helping others impacted by trauma in South Florida know that they can heal, too.

Sincerely.

Stacey Udine

Stacey Udine Executive Director



This holiday season, you can be a part of the hope and healing.

It's never been easier to show your support.

Just text MSD to 71760 to donate to Parkland Cares today.



Thank Oyou!

We're grateful for the support of the community all year round.

