



## NEWSLETTER

*January 2022*



2<sup>ND</sup>  
ANNUAL



IN MEMORY OF  
BARTON D. WEISMAN

Co-Chairs: Debi Weisman,  
Shawn Rosenthal,  
& George Temel

**GET YOUR TICKETS BEFORE THEY'RE GONE!**



**Monday | April 18, 2022**

PARKLAND  
GOLF & COUNTRY CLUB®



Benefiting  
**PARKLAND Cares™**

Local Resources to Help Cope with Tragedy  
[www.ParklandCares.org](http://www.ParklandCares.org)

## EVERYONE IS IN NEED OF A LITTLE SUNSHINE ONCE IN A WHILE...

Thank you to Celeb Status Kids by Stacie and 3GGlamGifts for donating a generous portion of proceeds from their 2021 Holiday Collection orders to Parkland Cares.

We're so excited that Celeb Status Kids is teaming up with 3GGlam Gifts once again to raise funds for Parkland Cares with a portion of proceeds from all orders of their Sunshine Box!

The box features a tumbler by 3GGlamGifts and Happiness Candy Jar filled with gummies or chocolates by Celeb Status Kids, Happy Notes pad & pen, smiley face stress ball, and Hello Sunshine card.

Purchase your box here: <https://bit.ly/3KdkqB8>

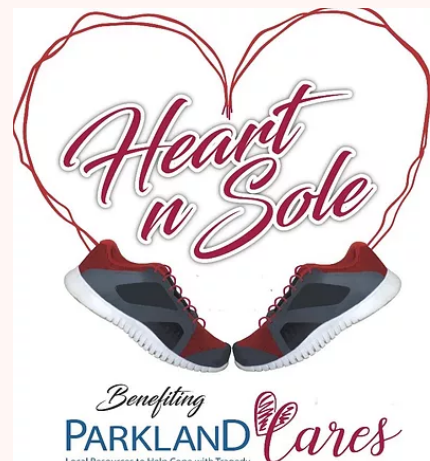


## THANK YOU TO ALL WHO ATTENDED THE HEART N' SOLE 5K & 5-MILE RUN!



Thank you to Kelle Burke and the entire Heart N Sole team, the sponsors, volunteers, & the City of Parkland for supporting this year's Heart N' Sole 5K and Five Mile Run!

Your support means the world & helps more South Florida residents affected by trauma get the mental health support they need to heal. Check out the [race results](#)!



## LET'S CONNECT ON SOCIAL!

You can find Parkland Cares on [Facebook](#), [Twitter](#), and [Instagram](#) and stay up to date with all Parkland Cares activities, events, and important news about mental health and how to help those affected by trauma in South Florida.



## IN CASE YOU MISSED IT...



Parkland Cares Holds 2nd Annual Golf Classic - by Jill Fox, Parkland Talk, Jan. 11, 2022 - The 2nd Annual Parkland Cares Golf Classic takes place on Monday, April 18, 2022, at Parkland Golf & Country Club.

This year's event is in memory of Barton Weisman, whose family has been great supporters of Parkland Cares. Various sponsorships are still available, including an opportunity to sponsor a local hero or first responder to thank them for their service.

1,000 Compete in 7th Annual Soldier Rush - By Sharon Aron Baron, Parkland Talk, Nov. 8, 2021 - 1,000 people competed in the recent 7th Annual Soldier Rush, with the proceeds going to nonprofits like Parkland Cares and other very important non-profit organizations.



Surgeon General Warns of Youth Mental Health Crisis - By Matt Richtel, New York Times, Dec. 7, 2021 - "Dr. Vivek H. Murthy, in a 53-page report, cited significant increases in self-reports of depression and anxiety along with more emergency room visits for mental health issues."

The Trickle-Down Trauma of School Shootings - By Amy Joyce, Washington Post, Dec. 3, 2021 - School shootings have created an incredible amount of trickle-down trauma among our kids and their caretakers. Our kids have been playing "shooter drill" since they were babies, and the result is just more trauma."

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Local Resources to Help Cope with Tragedy

### How to Donate with Amazon Smile:

1. Visit **smile.amazon.com**.
2. Choose Parkland Cares, Inc. as your charity.
3. Start shopping!
  - Amazon donates 0.5% of the price of your eligible
  - AmazonSmile purchase to your chosen charity.

# *Thank You!*

to our

## **MEDIA SPONSOR**

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for supporting the mission of

**PARKLAND** *Cares*™  
Local Resources to Help Cope with Tragedy

Your generosity and support is critical in helping us provide funding to local non-profits serving South Florida community members affected by trauma.

We couldn't do it without you!



To learn about the many benefits of advertising with South Florida's largest and fastest growing magazine publisher, visit [www.imgfl.com](http://www.imgfl.com) and contact [info@imgfl.com](mailto:info@imgfl.com).

## **OUR COMMUNITY IMPACT**

With your help, Parkland Cares has provided \$800,000 in grant funding to local mental health non-profit agencies that provide counseling and mental health services for South Florida community members affected by trauma.

Can you help us reach \$1 million?

 **OUR PROVIDERS**

  
Local Resources to Help Cope with Tragedy

\$800,000 in grant funding has been awarded to local mental health non-profits that provide trauma care to South Florida community members so they can begin their healing journeys.

  
...rediscovering wellness, restoring hope  
GUIDING CHILDREN BACK TO JOY

  
healthy mothers, healthy babies

  
Counseling Centers of Goodman JFS



Giving has never been easier! Just text **MSD** to **71760**.

Thank you from the bottom of our hearts. 

## EXECUTIVE BOARD



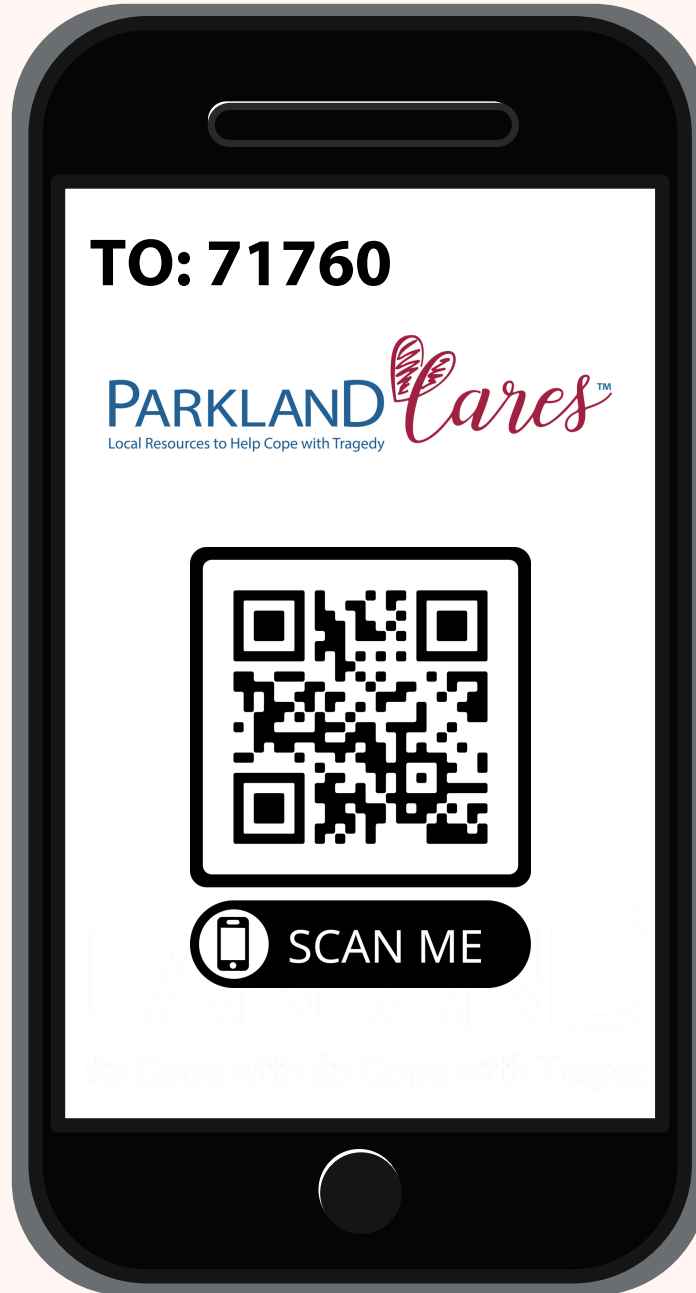
*Left to right: Howard Dvorkin – Founder; April Lewis-Parks – Board Member; Stacey Udine – Executive Director; Christine Fris – Director of Operations; Evan Lasher – Board Member; and Don Silvestri – Board Member*

**Thank you for your generosity and helping us fund mental health services for those impacted by trauma so they can begin to heal.**



**No matter the season or time of year,  
giving the gift of hope and healing is truly priceless.**

To donate to Parkland Cares, simply text **MSD** to **71760**.



[Donate Now](#)

**[www.ParklandCares.org](http://www.ParklandCares.org) | (954) 740-6731**